

# Banks County Senior Center

## March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 HCBC Blood Pressure	4 Walking, Word Puzzles	5 Jerry Chitwood Shopping@ Walmart	6 Healthy Bingo Care South	7 Disability Resource Speaker	8
9	10 Chair Exercise/ Walking	11 Harmony Foods/ Word puzzles	12 Ga. Cares 10:00/Site Council	13 Rec. Foods/ Healthy Bingo	14 Road Trip Hamrick's & Lynth Out	15
16	17 Walking/ Puzzles	18 Chair Yoga	19 Paula Goes Green/ Quality Foods Pre-10:00	20 Road Trip St.Mary's Varsity/ Thrift Store	21 Yard Sales/ Word Trivia	22
23	24 Dance/ Walking	25 Sing Along w/ Seniors	26 Judy's Wellness Tips & Snack	27 Healthy Bingo	28 Birthday Social/ Yard Sale	29
30	31 Chair Exercise/ Walking					